

Student Name: _____

Household Member Name: _____

Personal Water Use Chart

{ ----- To be filled in by student ----- }

Activity	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Total Number of Times	Estimated Amount of Water Used (gallons)	Total Weekly Water Use (gallons)
Washing face or hands									1	
Taking a shower (standard shower head)									50	
Taking a shower (low flow shower head)									25	
Taking a bath									40	
Brushing teeth (water running)									2	
Brushing teeth (water turned off)									0.25	
Flushing the toilet (standard flow toilet)									5	
Flushing the toilet (low flow toilet)									1.5	
Shaving									2	
Getting a drink									0.25	
Cooking a meal									3	
Washing dishes by hand									10	
Running a dishwasher									15	
Doing a load of laundry									30	
Watering lawn									300	
Washing car									50	
Total Weekly Water Use by Household Member (gallons)										